



Grief and the Grieving Process

A GoTo Webinar on Wednesday, November 10, 2021
11:00 am – 12:30 pm

The Aging Information Sub-Committee (AISC) of the National Chrysler Retirement Organization (NCRO)
Is offering presentations and Q&A session on Grief and the Grieving Process

Topics Include:

- Myths About Grief and What to Expect When Grieving
- The Grieving Process and How Do You Go On with Your Life
- Nurturing Yourself and the Resources Offered by the Area Agency on Aging 1- B

The Webinar will be free of charge. We hope you join us for this highly informative presentation
To attend the Webinar, **Click on the link below to register**

<https://attendee.gotowebinar.com/register/3354564215176597264>

Dale Koch, Webinar Moderator
NCRO Board Member and Aging Information Sub-Committee Member

Cynthia R. Palmer
Speaker
Grief Support Service Manager
Hospice of Michigan (HOM)



Cynthia R. Palmer, MSHP, MCB is a Grief Support Services Manager at the Hospice of Michigan since Dec 2019. Cynthia began her hospice career at Arbor Hospice in 2012.

Cynthia's interest in Hospice started after her father was diagnosed with terminal cancer. He moved in with her family and they cared for him at home with the assistance Hospice. Cynthia states, "It was a beautiful gift to provide my father with a home death, as that is what he wanted. I knew then that I wanted to someday work in the hospice field."

Cynthia holds a B.S. degree in Education (K-8) from Eastern Michigan University and a M.S. degree in Hospice and Palliative Studies and a Master's Certificate in Bereavement from Madonna University.

KC Mehta
Speaker
Aging Information Sub-Committee Member
(NCRO)



KC Mehta is a member of NCRO's Aging Information Sub-Committee (AISC) organizing webinars on information related to aging.

KC has over 40+ years of combined US Automotive Industry experience at Ford, Chrysler and then as consultant for Michigan Economic Development Corporation and Tata Technologies.

Since 2015, KC left his professional career to become a full-time care partner for his wife, Sumi, who was diagnosed with the younger onset of Alzheimer's disease at the age of 59 in 2013. Sumi is being cared for at their home in Rochester Hills.

KC has M.S. degree in Mechanical Design from University of California, Berkeley and a B.S. degree in Mechanical Engineering from Walchand College of Engineering, India.

Jeannine Roach
Speaker
Manager of Health Promotion
Area Agency on Aging 1-B



Jeannine has been coordinating Disease Prevention and Health Promotion programs throughout the AAA 1-B six county service region for the last 3 years.

Jeannine brings 13 years of experience working with older adult populations in various healthcare settings such as Health Departments, Long Term Care, Urgent Care, and Community Based Services.

Jeannine has a strong passion for improving the overall health and well-being of older adults, adults with disabilities, and helping family caregivers receive the support needed to thrive.

Jeannine has a B.S. degree in Public Health Education and Health Promotion and a M.S. in Administration with a concentration in Health Administration from Central Michigan University.